

Tobacco Screening Measure

All patients should be screened for tobacco use by asking the following questions:

1. **“Have you ever smoked cigarettes or used other tobacco products?”**
If **“YES”**, ask question 2.
2. **“Have you smoked/used any in the **past 30 days?**”**
If **“YES”**, ask questions 3 and 4.
3. **“On average, how many cigarettes do you smoke (or times do you use) **per day?**”**
4. **“How long have you been smoking (using) at that rate?”**

➤ If daily use, can administer the **Fagerstrom Test for Nicotine Dependence (FTND)**

Key: **#2:** Any use is considered a positive screen for tobacco.

#3 x #4: “pack-years”

*The Tobacco Screening Measure was developed by Maryland M.D.s Making a Difference (MD3), and can be found on their *Pocket Guide for Tobacco, Alcohol, and Drug Screening, Brief Intervention, Referral, and Treatment* on their website at: http://www.sbirt.umaryland.edu/MD3_Pocket_Card.aspx

Note: For research, if you would like to compare this screener to national data, also ask the individual if they have smoked at least 100 cigarettes in their lifetime. For research purposes, an individual is considered an “ever-smoker” if they have smoked at least 100 cigarettes.