

Connect to Quit Corner

Did you know?

Ask. Advise. Assess. Connect to Quit.

The Maryland Tobacco Quitline:

- Offers **4 FREE** telephone-based quit counseling sessions to tobacco users ready to quit
- Offers **FREE** Nicotine Replacement Therapy (NRT) (a 4 week supply) to assist adult tobacco users with their quit attempt
- Offers web-based and text-based services
- Operates **24** hours a day, **7** days a week



Connect tobacco-users directly to the Maryland Quitline using MDQuit's Fax Referral program.

It's free. It's effective. It's simple.

Visit <http://mdquit.org/fax-to-assist> to get started today!

MDQuit.org

Maryland's Tobacco Resource Center - Linking Professionals to Best Practices

Maryland's

1-800



QUIT NOW

SmokingStopsHere.com