

Connect to Quit Corner

Have you heard?

The Maryland Quitline now offers specialized services for pregnant women!

That's right. Pregnant tobacco-users who are ready to quit can receive **10 FREE** telephone-based quit counseling sessions—both before & after childbirth—to help prevent postnatal relapse to tobacco use.



Connect directly to the Maryland Quitline by calling 1-800-QUIT NOW (1-800-784-8669) or by visiting <http://smokingstopshere.com>.