

Connect to Quit Corner

Ask. Advise. Assess. Connect to Quit.

Did you know?

When addressing tobacco dependence...

- Combining long-acting nicotine replacement treatment (NRT) options—like the patch—with short-acting NRT—such as the gum, lozenge, or spray—can support quitting.
- Combination pharmacotherapy—using Varenicline & Bupropion SR together—appears to be more effective than use of either alone (Ebbert et al., 2009).



To learn more about best practices for addressing tobacco dependence,

Visit <http://mdquit.org/cessation-programs>

