

## Connect to Quit Corner

*Ask. Advise. Assess. Connect to Quit.*

### *Having a hard time motivating your tobacco-using patients to quit?*

Promoting “**change talk**” from your patients is easier if you ask them & listen to them talk about their:

- **D**esire to quit using tobacco
- **A**bility to quit
- **R**easons for considering quitting
- **N**eed to stop using tobacco



Once motivated, connect your patients to the Maryland Quitline using MDQuit’s Fax Referral program. It’s free. It’s effective. It’s simple.

Visit <http://mdquit.org/fax-to-assist> to get started today!

**MDQuit.org**  
Maryland's Tobacco Resource Center - Linking Professionals to Best Practices

Maryland's  
**1-800**  **QUIT NOW**  
SmokingStopsHere.com