

Dear Maryland Healthcare Providers:

The Maryland Quitting Use and Initiation of Tobacco (MDQuit) Resource Center, along with the Maryland Chapter of the American Academy of Pediatrics (MD AAP), hosted a webinar on Thursday, June 25, 2015. This FREE educational webinar entitled, "Best Practices for Tobacco Cessation & Prevention: Empowering Maryland Providers" is now available for view by the public. *The webinar addresses timely topics including tobacco use among: youth, pregnant women, low-income individuals; passive tobacco exposure, and alternative tobacco products and electronic cigarettes. As a medical provider, this webinar provides you with best practices for addressing tobacco cessation including: utilizing brief interventions and motivational enhancement strategies, available referral methods to the Maryland Tobacco Quitline (1-800-QUIT-NOW), pharmacological information, and addressing the physical and behavioral components of tobacco dependence.*

Here is the link to access the webinar:

<https://attendee.gotowebinar.com/recording/4297460256370133506>

IMPORTANT: Before proceeding with the webinar, please be advised that there is no accompanying audio component in the beginning. Audio resumes at 3:00min and continues for the duration of the webinar. Please read the following information before proceeding to the webinar.

- This activity is sponsored by the MDQuit Resource Center, along with the Maryland Chapter of the American Academy of Pediatrics. We would like to thank all collaborators who made the presentation possible.
- It is our duty to inform you that the presenter has no disclosures to report.
- The presenter for this webinar is Dr. Carlo DiClemente. Dr. DiClemente is a clinical health psychologist within the Department of Psychology at the University of Maryland, Baltimore County (UMBC). He is internationally known for his work in health and addictions, and is the co-developer of the Transtheoretical Model of Intentional Behavior Change. Dr. DiClemente's current research interests focus on: the process of human behavior change, critical mechanisms of behavior change, understanding initiation of tobacco, alcohol and other substances, and how screening and brief interventions facilitate behavior change. Other areas of interest have focused on the process of behavior change involved in the initiation, modification, and cessation of health protection and risk behaviors particularly in the areas of alcohol, tobacco and other addictive and health behaviors. He has been involved in training activities for over 30 years and has been working in capacity building in the State of Maryland for the past 9 years. Dr. DiClemente currently serves as the director for three research-based program centers at UMBC: the MDQuit Tobacco Resource Center, the Center for Community Collaboration, and the Home Visiting Training Center at UMBC's new Psychology Training, Research and Services Center.

Please feel free to contact the MDQuit Resource Center with any questions or concerns regarding this webinar via phone (410-455-3628) or email (info@mdquit.org).